



Sussex Supper Series For parents, caregivers and families

Join us for

"Helping or Holding Back: How Much Should Parents Do?"

February 24, 2016 5:30 pm to 7:00 pm Sussex Elementary School

Dinner and children's activities included

Reserve your spot now!

Helping children to build life skills has become more important than ever. Have you thought about how your child will handle responsibilities as he/she grows? Would you like to see your child develop greater self-confidence? Following a family meal, children will be able to finish homework or participate in a fun activity. During this presentation, parents and caregivers will learn:

- How to encourage children to solve their own problems
- How learn from the consequences of their choices and
- How to help children think for themselves

Instructor: Michelle Johnston, Commonwealth Parenting Family Educator

The evening presentation includes dinner and an interactive Q & A session; reservations are required. Please contact Rodney Berry or Tracey Gilchrist to reserve your spot!

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